

Dunkeld & District Newsletter



Sponsored by Lions Club

Distributed fortnightly on Wednesday (except during School Holidays)
Printed at the Dunkeld Consolidated School – E&OE

Issue No: 08/2020 Date: Wednesday 3 June 2020



Step 2 Easing Restrictions

FROM 11:59PM ON MAY 31:



Up to 20 people at a social gathering



Overnight stays in private and tourist accommodation



Camping with no use of shared facilities



Up to 50 people at a funeral



Up to 20 people at a wedding



Up to 20 people at a religious ceremony



Up to 20 people per salon



Up to 20 people per pool and 3 people per lane



Up to 20 people in a community space



Up to 20 people in outdoor sporting activities



Up to 20 people training together, outside only



Up to 20 people in a single library space



Up to 20 people at auctions and inspections

**KEEP WASHING YOUR HANDS.
KEEP MAINTAINING YOUR DISTANCE.
AND KEEP USING YOUR COMMON SENSE.**

DONATIONS

Dunkeld & District Community Bank	\$60
Wendy Prust	\$50
David and Beryl Gordon	\$50
Jane Duncombe	\$50
Dorothy Blanch	\$20

We rely on donations to the Community Newsletter to offset all expenses relating to producing it. Please send in your donation to the Dunkeld Consolidated School office where it will be receipted and an acknowledgement made via the Newsletter. A receipt will be provided. **Please make cheques payable to the "Dunkeld Consolidated School."**

CHURCH TIMES

Saint Patrick's Catholic Church

Parish Priest - Father Pat Mugavin - 5571 1161

E-mail: hamilton@ballarat.catholic.org.au

Please note that the Victorian Catholic Bishops have recently announced the immediate suspension of public liturgies, celebrations of the Mass, as well as all other gatherings, until further notice.

Liz and Peter Hinchey will endeavour to kindly open Saint Patrick's Catholic Church on a daily basis to allow visitations and prayer in front of the Blessed Sacrament.

For further information please visit the Saint Mary MacKillop Parish Western Border website: www.westernborder.church/news2

Dunkeld Anglican - Uniting Churches

Anglican mass is streamed on Sunday mornings at 10:30am.

<https://www.facebook.com/AnglicanHamilton>

We are thrilled to announce that with the easing of restrictions we are now able to have services for up to twenty people. Sunday services are:

The first and third Sunday of the month - 5:00pm at Dunkeld.

The second and fourth Sunday of the month - 9:00am at Glenthompson.

If you would like to attend in person you would be most welcome. In order to comply with social distancing regulations please contact Father David to book your spot – phone: 5571 1317, mobile/text 0423 671 692 or email droulton72@gmail.com

Panyyabyr Uniting Church

Mirranatwa Uniting Church

Services in the Parish are now available on You Tube and Face Book. Also on Google, click on **Hamilton Uniting Church Livestreaming**. Available at 11.00am on Sundays or can be viewed at a later time.

WHAT'S ON IN JUNE

MON	TUES	WED	THURS	FRI	SAT	SUN
1 JUNE	2	3 Newsletter issue 8 distributed	4	5	6	7
8	9 School returns for remaining year and grade levels	10	11	12 Deadline for issue 9	13	14
15	16	17 Newsletter issue 9 distributed	18	19	20	21
22	23	24	25	26 Term 2 finishes	27	28

COUNCIL TRANSFER STATIONS RE-OPENING

Transfer stations across the Southern Grampians Shire will re-open to the general public from next week.

The reopening on June 1 follows the Victorian Government announcement around the gradual easing of restrictions throughout the state from 11:59pm Sunday 31 May.

The revised operating hours for each transfer station are as follows:

Hamilton:

Tuesday – Friday 7:30 – 4:30pm

Saturday 9:30 – 4:30pm (last customers through at 4pm daily)

Balmoral:

Thursday 1.00pm – 4.00pm

Sunday 9.00am – 12.00pm

Branxholme:

Tuesday 9.00am – 12.00pm

Saturday 1.00pm – 4.00pm

Cavendish:

Tuesday 1.00pm – 4.00pm

Saturday 9.00am – 12.00pm

Coleraine:

Wednesday 1.00pm – 4.00pm

Friday 9.00am – 12.00pm

Sunday 1.00pm – 4.00pm

Dunkeld:

Wednesday 1.00pm – 4.00pm

Sunday 1.00pm – 4.00pm

Glenthompson:

Wednesday 9.00am – 12.00pm

Sunday 9.00am – 12.00pm

Penshurst:

Tuesday 1.00pm – 4.00pm

Saturday 9.00am – 12.00pm

All facilities now have EFTPOS available and will be accepting EFTPOS only. No cash payments will be accepted. Southern Grampians Shire Council CEO Michael Tudball thanked Southern Grampians Shire residents for their patience over the last few months throughout the COVID-19 service impacts.

“Council are very pleased to be re-opening all of our transfer stations from next week. We know how important these facilities are to the public so being able to have them open for business again is a real positive.

“We have implemented a number of processes to help improve staff and customer safety at these facilities, including the installation of EFTPOS machines at all of our transfer stations which will reduce opportunities for contact and increased cleaning measures.

“I’d like to thank the community for their patience and cooperation as we’ve navigated through this difficult time. There is still a way to go, but I thank everyone for their hard work in helping to slow the spread of COVID-19 and for supporting each other,” Mr Tudball said.

Customers are reminded that social distancing measures remain in place and limits on the numbers of patrons through the gate at one time may be enforced if necessary.

“We also ask that people stay away from these facilities if they’re feeling unwell and to please keep hand washing and sanitising as advised,” Mr Tudball said. For up-to-date information on all of Council’s services, please refer to our website www.sthgrampians.vic.gov.au

DUNKELD MUSEUM NEWS

GRANT SUCCESS

The Museum was informed last week that we had been successful in our application for funding under the Australian Government Volunteer Grants program 2019. The purpose of the grants is recognise the vital contribution of volunteers in strengthening and enriching communities by supporting volunteers to carry out their important work. The Museum Executive publicly thanks the Department of Social Services for this grant.



HAPPY BIRTHDAYS

Thanks to everyone who participated in the drive thru toot to wish Museum member Dorothy Blanch a happy 90th birthday on 20 May. Dorothy really enjoyed and appreciated the occasion.

Happy birthday also to members Pat Learmonth and Beryl Gordon, who celebrated special birthdays this month. Congratulations to Beryl and David Gordon who celebrated their 55th wedding anniversary on the 22nd (Beryl’s birthday!).

WHEN IS THE MUSEUM REOPENING?

The Museum Exec is meeting this week to make some decisions regarding the re-opening of the Museum. Stay tuned!

CLEARING UP/CLEANING UP IN ISO?

If you’ve used iso time to declutter and found an interesting object or document relevant to the history of Dunkeld and district, please contact us if you’d like to contribute it to our collection. Email: dunkeldmuseum@gmail.com

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Lions International was formed in 1918 and at one of the first annual conventions of the clubs she was the guest speaker and challenged Lions to combat blindness and deafness in the world. The challenge was taken up and since then Lions have raised and spent millions of dollars to achieve this.

In 1982 the Australian Lions Hearing Dogs was formed to supply fully trained dogs to give back independence, security, confidence and safety. Support from donations to the program allow Australian Lions Hearing Dogs to provide dogs and ongoing support free of charge to deaf and hard of hearing people Australia wide.

The dogs are usually sourced from animal welfare shelters but they now have a puppy breeding program as well. To put it nicely the dogs are usually small yappy types that perform like trained seals when they hear the phone ring, the kettle boil, a knock at the door or see your neighbour raiding your fruit tree.

Everyone wins with this program except your neighbour raiding the fruit tree.

To quote Helen Keller, "Alone we can do so little; together we can do so much."

Peter Hinchey



Dan Tehan MP
Member for Wannan

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please don't hesitate to contact me if I can be of assistance.
 190 Gray Street, Hamilton VIC 3300
 Local call 1300 131 692
 dan.tehan.mp@aph.gov.au
 www.dantehan.com.au

 DanTehanWannon  DanTehanWannon

Authorised by Dan Tehan, 190 Gray Street Hamilton VIC 3300.

Some words from Father David of the Anglican persuasion

I noted with a smirk the arrival of the elusive Gorilla man into our midst here in Hamilton. He seemed to be a very fit athlete encouraging to us to healthy exercise. At this early stage it is impossible to speculate how many have taken up this exciting initiative, but the effort is worthwhile, even if our body resists with every hard won step. Perhaps I will see him at Park run when it begins again? I'm sure that he would be made to feel very welcome.

But what impressed me more was the effect that Gorilla man seems to have had on the people who are fortunate to encounter him. Once we push through the element of surprise and wonder we are taken outside of ourselves and our worries, albeit for a few brief moments. Perhaps we are left scratching our heads, bemused, maybe even inspired; but for the briefest of moments, we are thinking about something other than you know what. The dreaded 'bug a lug' that cannot be named. And this being 'taken out of ourselves' and helped to grin, can only be a good thing. In those few moments when we are taken aghast, we realise that life is short, that our vocation is to inspire and nurture others. To help us realise that the world within us, which we so easily allow to be polluted with worries and things we have no control over, is actually much bigger and boggling than we ever thought.

From the Lions Den

Helen Keller and Lions – Pawfect Service



Keller, Helen Adams (1880-1968) American social worker, who overcame the loss of sight, hearing and speech, yet achieved distinction as a lecturer and scholar. Illness rendered her blind and deaf at the age of nineteen months, and later she became dumb. In Anne Sullivan, who taught her to speak within a month at the age of seven, she had a dedicated teacher, and Helen Keller's ability was such that she obtained a degree in 1904 and mastered several languages. She also lectured worldwide and worked for the relief of the handicapped.

So a big thanks to the person in the gorilla suit. Thank you for the inspiration to get fit and Thank you for a brief moment of sanity when all seems quite mad. Go Gorilla man... you legend!

Father David Oulton



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RED CROSS NEWS:

The Australian Red Cross has supported and been involved in virtual events for **National Reconciliation Week** ending on June 3rd, in Bridge Walk and Concert Together. The

week celebrates building relationships and communities that value **Aboriginal and Torres Strait Islander** peoples, their histories and culture.

Three national newspapers, including *The Age*, have given free advertising space to thank the **Australian Red Cross** for supporting communities throughout the **Black Summer Fires**. Director of Australian Programs **Noel Clement** represented Red Cross to give evidence at the **Royal Commission on 26 May 2020**.

Of the **\$200 million** received in donations from July 2019 to April 2020, 59% was from 700 companies; 14% was from overseas individuals (including Prince Charles) and 27% was from individual Australians. So Far, **\$73 million** has gone to **27,500** people in emergency, repair, injury, bereavement grants and to rebuild. The remainder is to go to those not yet applied; to rebuild homes; to support community recovery over the next three years and to meet further needs of affected communities.

No face to face Red Cross **meetings** will be held during May - June, especially for the safety of older members. **Guidelines** will be released by 30 June. This also means that the **Annual Grampians Golf Day** in June, will be put on hold, maybe until next year.

Member **Pat Learmonth** celebrated her 90th birthday happily and quietly at home. A gathering of friends, neighbours, Museum and Red Cross members participated in a 'drive by and toot' for **Dorothy Blanch** on her 90th birthday. In Maryborough, **Olwyn Hogan's** 95th was acknowledged by **Carolyn**, our Western Region Coordinator and Olwyn will be taken for an outing by a **Maryborough Branch** member, when restrictions are lifted. Carolyn also sends **greetings** to the Dunkeld members.

Our thoughts and best wishes are with Vice President **Helena** as she undergoes treatment.

Iris Field, Secretary



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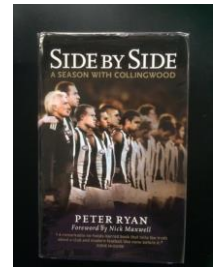
BOOKFACE - Notes from the Dunkeld Bookshop

**ROZ GREENWOOD OLD AND RARE BOOKS
JUNE 2020 BOOKLIST**

Thanks to everyone, we had a great response to our last list. Here's a selection from our stock. Will home deliver to Dunkeld or ring for collection at the bookshop.

First off, with the **History** of the district, is Richard Zachariah's controversial book on the dynasties of the Western District, '**The Vanished Land**', our best-selling book over the past two years. Usually \$35.00 we are offering it for \$30.00 to our Dunkeld readers. The Clarks, the Learmonth, Ritchies, the Baillieus of Yarram Park, Hugh Beggs, Allan Myers and many others feature historically, or have been interviewed and Zachariah, a journalist, puts these stories together in an entertaining way. We also have new stock of Richard Allen's '**More Country Properties of Victoria**' at \$60.00 and the magnificent '**Granville Stapylton. Major Mitchell's Second in Command**' by Greg Eccleston at \$155.00, all new books of first quality.

Sport for us is usually limited to cricket books and literature, but we have just shelved a copy of '**Side By Side. A Season With Collingwood**' by Peter Ryan. This is the inside story of one year at the Club, which surprised even Eddie McGuire. The TV version was recently shown but the book, of course, goes much deeper. For those of us who are suffering AFL footy withdrawal. A nice hardback at \$25.00.



Crime fiction can be well-written and absorbing of course, so we try to keep the best authors in good second-hand copies. Three that stand out are '**Tennison**' by Lynda La Plante, the precursor to Prime Suspect, and '**Death Mask**' by Kathryn Fox which features forensic physician Dr Anya Crichton, whose expertise leads her to lecture over 300 US professional footballers. Her topic? STDs. Another Aussie crime writer, Katherine Howell's '**Darkest Hour**' is a tale of Paramedic Laura Yates' and Detective Ella Marconi's difficulties in dealing with a murderer who tries to blackmail them both over a family secret. These are \$10.00 each.



For Kids: Deep in the Enchanted Wood grows the Faraway Tree - the oldest, most magical tree in the world.' That's the story of '**The Magic Faraway Tree**'. At the top of this tree a



new land can be found each time the youngsters climb it. A guaranteed winner and as Enid Blyton wrote prolifically her books include '**The Secret Seven**' and '**The Famous Five**' which have all encouraged young readers for generations. We have the Magic Faraway Tree, and Adventures of the Wishing Chair in stock, as well as the ever-popular Green Eggs and Ham by Dr Seuss. As new \$5.00 each.

Ring us on 0417 360 362 for delivery or to make an appointment at the bookshop opposite the Royal Mail Hotel.



109a Parker Street
Dunkeld Vic
Ph: 03 5577 2288

Following the state governments Announcements Café 109 will be opening its doors as of the 2nd June for sit in dining.

At this stage our operating hours will be as follows

Monday - Closed

Tuesday – Friday 4.00pm -8.30pm (Dinner from 5.30pm)

Saturday & Sunday - (Lunch 12.00pm – 2.00pm),

(Re-opens 4.00pm – Dinner from 5.30pm)

We request that people call us on **5577 2288** and book their table as we are only allowed 20 patrons at a time, walk-ins will be allowed if we have space available and the bar will be open for those dining in. Our takeaway and home delivery service will remain the same.

Dinner

- Pizza Varieties \$17-\$20
- Porterhouse Steak w' chips & salad \$32
- Tennessee Ribs w' chips & salad \$28
- Chicken Parma w' chips & salad \$25
- Pan seared Barramundi \$32
- Chicken Schnitzel w' gravy, chips & salad \$23
- Salt & Pepper Squid w' chips & salad \$28
- Seafood Platter \$35
- Pasta of the Day \$25
- Risotto of the Day \$25
- Soup \$12
- Lamp Rump \$32
- Stuffed Chicken \$32
- Garlic Prawns \$30
- Mix Grill \$25

Family Meal Packs

- Pizza Bundle – 2 x Pizza's, garlic bread & 1.25L Soft Drink \$40
- Fish & Chip Bundle – 4 x pcs Fish, chips & salad \$30
- Chicken Parma's – 4 x Parma's, chips & salad \$70
- Chicken Schnitzel – 4 x Schnitzels, chips & salad \$60

Peter, Sharon and the staff at Café 109 would like to sincerely thank everyone that has supported us over the last few weeks. Your support has helped us to stay open and we look forward to seeing and serving you in the restaurant and working together on the road to recovery.
Contact us via Facebook

COUNCIL SERVICES UPDATE - COVID19

Council facilities across the Southern Grampians Shire will begin to re-open to the general public from next week. The gradual re-opening of Council's facilities and recommencement of services, some with temporarily adjusted opening hours, from 1 June follows the Victorian Government announcement around the easing of restrictions throughout the state from 11:59pm on Sunday 31 May.

Customer Service Centres at Brown Street and Market Place will open from 1 June, 8:15am – 5.00pm Monday to Friday. Restrictions will apply on the number of customers permitted in the building at one time and customers will be required to leave their details for the purposes of contact tracing. Increased hygiene measures will be introduced and physical distancing restrictions will be enforced.

Transfer Stations across the Southern Grampians Shire will re-open to the general public from next week with revised opening hours. Information on dates and times for each transfer station are available on Council's website.

The Greater Hamilton Library will re-open from 9 June 2020. Opening hours will be 10.00am – 4.00pm Monday to Friday (Closed Saturdays). Numbers will be limited to 20 people at a time so customers will be asked to limit their time in the library as much as possible in fairness to others. Service restrictions and increased hygiene measures will be in place.

The Hamilton Gallery will open from 22 June. Opening hours will be 10.00am – 5.00pm Monday to Friday and Saturdays 10.00am – 2.00pm. Numbers will be limited to 20 people at a time.

HILAC will reopen from 22 June. Revised opening hours will be Monday to Friday 6.00am – 8.00pm, Saturday 8.00am – 5.00pm, Sunday 9.00am – 5.00pm. The aquatic area will close at 7:30pm Monday to Thursday and 6:30pm Friday as per normal operations, and 4:30pm Saturday and Sunday. Customers are reminded that social distancing measures remain in place and limits on the numbers of patrons permitted in the building and swimming pool at any one time will be enforced as necessary.

Southern Grampians Shire Council CEO Michael Tudball said Council are taking a measured approach to the reopening of facilities and services. "We are pleased to be starting the gradual reopening of our facilities on Monday June 1. While the State Government has said that a number of our facilities like Libraries and Recreation facilities can be open, we are taking our time reopening to ensure that we have all of the appropriate health and safety measures in place to protect our staff and the community," Mr Tudball said.

"We are in the process of implementing a number of new processes to help improve staff and customer safety at our facilities. We will be asking people to sanitise upon entry to all our facilities and to provide us with their details for contact tracing purposes. We will also have strict limits on the number of people allowed in our facilities at one time, so we will be asking for co-operation with those limits.

Dunkeld & District
Community Bank Branch



Making good things happen

When you bank with us, profits pour into the community. **\$246,636** so far.

Here's who we've supported lately:

Dunkeld Museum Inc

Brophy Family & Youth Services

Grampians Golf Club Inc

Birches-Western District Heath

Peaks & Trails

Country Women's Association



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Covid-19 (Coronavirus) update

Bendigo Bank takes the health of our customers, employees, visitors and community seriously.

In the interest of public health, we ask that you please not enter our branch if:

- You have returned from overseas within the last 14 days
- You have knowingly been in contact with someone who has been diagnosed with Coronavirus (Covid-19) or has returned from overseas within the last 14 days
- You are displaying flu-like symptoms

Our hours of operation will continue as normal - Monday to Friday 10.00am to 4.00pm.

Thank you for your understanding.

Ros McArthur

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To Wonderful Dunkeld People

Thirty years ago, Bob and I arrived. On our first morning, Joy Clarke walked past with her dog – Joy said, “We all know everyone’s business – but if anybody falls on hard times the whole town hops in to help.” Joy saw two chairs on our verandah and scoped us out for the Museum. I was quickly made a member and sat there and learnt about Dunkeld.

Heather Macgugan came on our first day – I was quickly made a member of Red Cross. I was taken to Nareeb to an Annual Meeting, I met all the other Red Cross groups. Dunkeld and Nareeb are the only ones left.

Bob retired from the Gas and Fuel – and received a gold watch for long service. His mates there said, “They won’t talk to you in the Western District, they are all wealthy sheep breeders.” We went to Hamilton on the Saturday morning – the men (farmers) lifted their hats, and we got plenty of smiles!

Our neighbours in Glass Street made us very welcome. I joined a wonderful Craft group. We met every month and I learnt to make lots of lovely things, and I confess to a few unfinished ones. I enjoyed going to lots of groups, Yoga, all sorts of dancing and exercises.

From Red Cross we send cards to anyone in need (sickness, deaths etc). Many people send Red Cross thank you cards. I pass these to Helena, who is making a Get Well etc book.

Best wishes and love from Dorothy Blanch.

DUNKELD GENERAL STORE

93 Parker St, Dunkeld, 3294
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***NOTE CHANGE OF HOURS**

MONDAY TO THURSDAY - 7.00am – 4.00pm

FRIDAY - 7.00am – 5.30pm

SATURDAY - 8.00am – 3.00pm

SUNDAY - 8.00am – 12.00pm

(Times may vary on Public Holidays)

Seasonal fruit and veg boxes available

Tuesdays & Thursdays

Meat orders taken for Thursday delivery

Text Melissa 0400 829 566 to order.

Bush, standard and floribunda roses then have remaining shoots shortened by approximately half of the length of the shoot, cutting just above a plump, healthy bud pointing in an outwards direction.

Climbing roses require slightly different treatment, some growers give them a light trim in winter and their main pruning in spring after flowering, removing old, dead and weak canes, and shortening remaining ones. Ground cover and miniature roses can simply be cut back approximately half way using either hand or powered hedge clippers.

After pruning, all prunings should be gathered up and burnt or carted to the rubbish tip to prevent the spread of any diseases.

Main vegetable plantings are late cabbage, cauliflower, broccoli, peas, onions and broad beans; also turnips and early potatoes.

June is a great time to new roses, fruit trees and deciduous ornamentals; talk to your nurseryman. Happy gardening!

Stephen Hughan, Ararat Nursery



GARDEN NOTES – JUNE

One of the main winter gardening jobs is rose pruning. You can start to prune from approximately mid-

June as soon as most rose leaves have fallen and new buds are visible and you should aim to finish not later than mid to late August as buds after this time have usually started to grow and can be easily damaged during any pruning activities.

You will need a clean, sharp pair of secateurs, stout gardening gloves, a pruning saw for larger cuts and a wound sealing compound to use on any cuts larger than approximately two to three centimetres in diameter. The reasons for pruning are firstly to keep your rose plants to a reasonable size and shape, also as roses flower on new growth, to ensure that the plants produce plenty of vigorous new shoots.

Complete removal of all obviously dead, damaged or diseased wood is the first step. Then any rootstock growth (thin, strong growing shoots with very small leaves which emerge below the crown of the plant) should be removed completely, followed by thinning out any tangled or overcrowded shoots, endeavouring to keep the centre of the plant open (a "vase" shape). This allows more sunlight into the centre of the plant and will help to reduce disease problems later in the year.

Coronavirus (COVID-19)

GOOD HYGIENE IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

For more information about **Coronavirus (COVID-19)** visit health.gov.au

HELP STOP THE SPREAD AND STAY HEALTHY

20 SEC

Australian Government

Authorised by the Australian Government, Canberra



DUNKELD RSL SUB-BRANCH

RSL Membership: We invite ex-service men and women to be members and renew their membership (\$40.00 per person) to ensure the future of the RSL locally. If you are a relative of ex-service men or women you can also join the

RSL. By becoming a member of the RSL you will be helping the welfare of disabled war veterans and supporting your local RSL Sub-Branch. Application forms are available from the Secretary/Treasurer, Terrie Nicholson, 341 McIntyre's Crossing Road, Moutajup or phone: 5573 3353.

Burma-Thailand Railway (World War II) – Prisoners of War – Food:

Hunger became an accepted part of our life ... food was just like sex, we tried not to think about it.

[Rowley Richards, *A Doctor's War*, Sydney, Harper Collins, 2005, 127.]

The lack of food caused much illness and death among prisoners of the Japanese. Food shortages stemmed from the unwillingness or inability of the Japanese to feed their workforce adequately and the logistical difficulties of supplying remote camps and work sites.

Conditions varied from camp to camp. Prisoners in permanent base camps like Changi ate relatively good food, with Japanese supplies being supplemented by vegetable gardens and food stolen by work groups unloading ships on the wharves of Singapore. In Japan, in contrast, the entire population was suffering food shortages towards the end of the war.

On the Burma-Thailand railway the supply of food was usually inadequate. The more remote the camp site the worse the food supply.

The main food supplied by the Japanese was white rice. Sometimes this was supplemented with small quantities of 'vegetables' (often more like grass) and even smaller amounts of fish and meat. A typical meal was a thin broth of rice and vegetables.

The prisoners were paid a small wage with which they supplemented this diet. Camps near villages could trade with the local Thai population for items such as duck eggs and fruit. Camps on the Kwae Noi also had access to supplies brought up by boat. But on the journey perishable food such as vegetables and meat would rot. Even rice was subject to spoilage from damp and insects.

Meat was rarely available in sufficient quantities. Cattle were brought up to some worksites to act as 'meat on the hoof' but they died quickly for lack of food and the harsh conditions. In any case, the Japanese usually took the best parts of the cattle for themselves. At Konyu River, Ray Parkin records, 45 kilograms of meat and bone were shared between 875 men (about 50 grams each).¹

Food preparation was problematic in many camps. Food had to be cooked in cwalis (enormous metal bowls) over fires which the wet weather made difficult to keep alight. All water had to be boiled before consumption to prevent the spread of diseases like cholera.

Storage of food too was a problem, given the heat, flies and, depending on the season, dust or damp. As Denys Peek said:

The flies are so thick ... Eating is an unpleasant business, the first spoonful is blotted from view before it reaches your mouth and has to be thrown away.

[Ian Denys Peek, *One Fourteenth of an Elephant*, Sydney, Pan Macmillan, 197.]

The nutritional value of the diet for men forced to do long hours of manual labour was completely inadequate. Prisoners soon fell ill with diseases of malnutrition or became wracked with dysentery.

Working all day, and sometimes through the night, prisoners had to take their food with them. Tins or bamboo containers were used to carry their cold and unappetising ration of rice. The plight of the sick was particularly desperate as the Japanese cut their rations. Depending on a camp's organisation, some of the wages the prisoners received would be pooled to feed them.

Starving prisoners turned to scrounging and theft. Snakes, fish, clams, and rodents were caught and usually shared with an inner group of friends. Medical personnel would experiment with vegetation such as weeds as a potential source of vitamins.

Stealing from the Japanese was another source of food, though culprits, if detected, were punished severely. There was also the temptation for starving men to steal from each other—something that caused intense ill-will between prisoners.

In these circumstances every prisoner faced moral and personal dilemmas. The Australian surgeon, Lieutenant-Colonel E.E. 'Weary' Dunlop was once torn between his longing for his ration of two duck eggs and the sight two emaciated British prisoners. His mess man Happy insisted he eat his eggs. As the doctor he needed to be well and he had attended the sick all day. Dunlop scraped together a few spare biscuits for the British and:

'Then' he said, 'I ate those awful eggs ... that's the difference between an ordinary fellow ... and a saint ... I suppose.'

[Ray Parkin, *Into the Smother*, London, Hogarth, 1963, 148.]

1. Ray Parkin, *Into the Smother*, London, Hogarth, 1963, 42

<https://anzacportal.dva.gov.au/wars-and-missions/burma-thailand-railway-and-hellfire-pass-1942-1943/events/surviving/food>

Coronavirus (COVID-19)

SIMPLE STEPS TO HELP STOP THE SPREAD.

Cough or sneeze into your arm

Use a tissue

Bin the tissue

Wash your hands

HELP STOP THE SPREAD AND STAY HEALTHY

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

For more information about **Coronavirus (COVID-19)** visit **health.gov.au**

Australian Government

Authorised by the Australian Government, Canberra

Learn more about minerals exploration in your area



Online information sessions

Lunchtime
Wednesday 10 June
12.30pm-2pm

Afternoon
Wednesday 10 June
3.30pm-5pm

Evening
Thursday 11 June
7pm-8.30pm

A Minerals Exploration Licence has been granted to Westrock Minerals Pty Ltd under the Stavelly Ground Release.

The licence allows minerals exploration in a 964-square kilometre block, approximately 35 kilometres east of Hamilton and north of Warrnambool near Glenthompson, Caramut, Chatsworth and Hexham.

This area of Western Victoria has been identified by the Geological Survey of Victoria as having the potential for gold, copper and other base metals.

Over the course of its exploration program, Westrock Minerals will contact a small number of rural landholders in the area seeking consent to access privately owned land.

The Department of Jobs, Precincts and Regions (DJPR) will host three online information sessions to help landholders learn more about their rights during minerals exploration, environmental safeguards, and the obligations of exploration companies.

The 90-minute sessions will include presentations by the Department of Jobs, Precincts and Regions and Westrock Minerals. Information about a new land access consent tool will also be presented.

Online attendees will have an opportunity to ask questions.

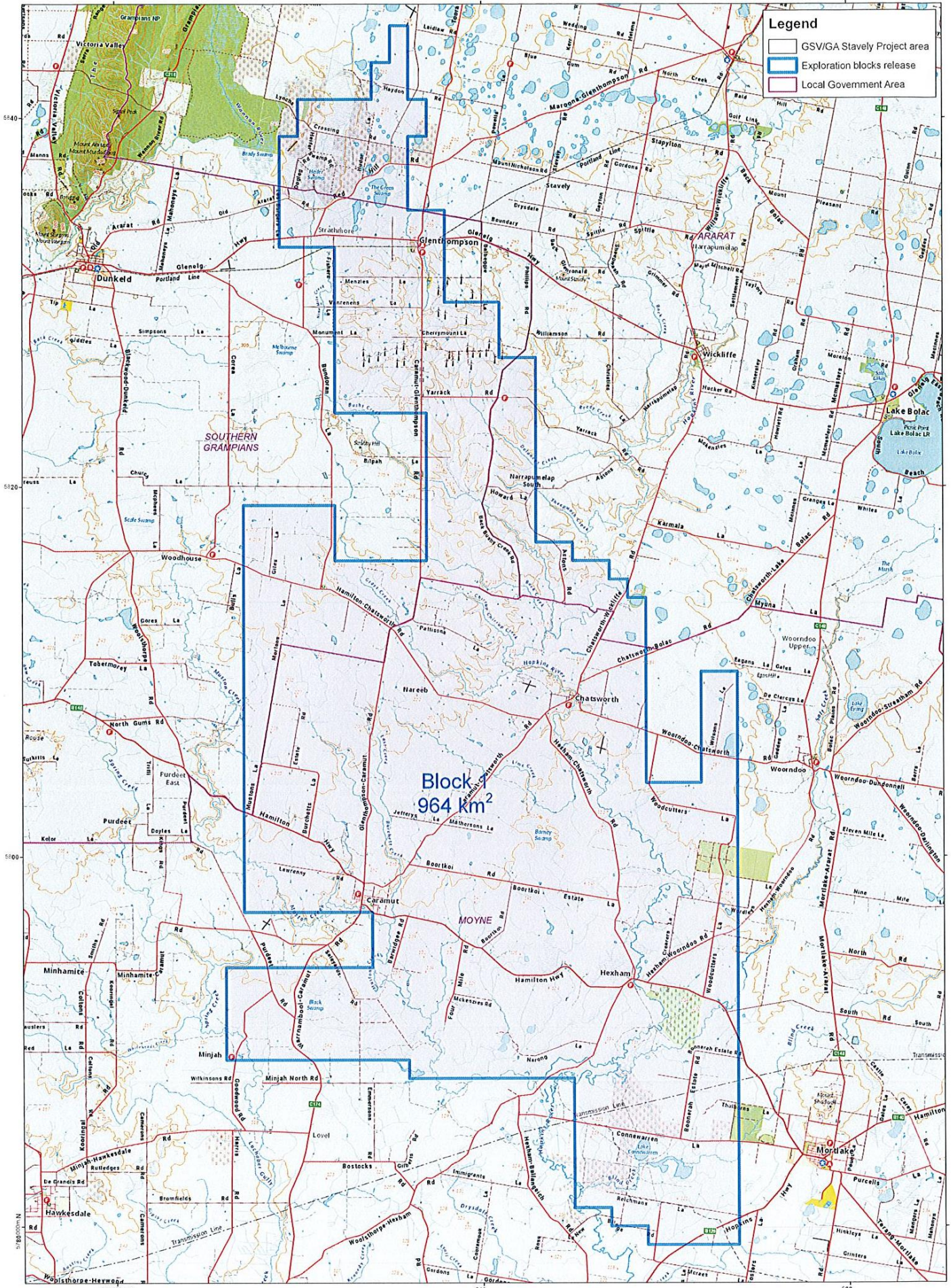
You can register at
earthresources.vic.gov.au

For further information, call Minerals Development Victoria's Senior Engagement Officer Donna Mongan on 0436 662 399.



Jobs,
Precincts
and Regions

Block 1 - Westrock Minerals



Legend

- GSVIGA Stavely Project area
- Exploration blocks release
- Local Government Area

Block 1
964 Km²



Disclaimer
The content of this Victorian Government map is provided for information purposes only. No claim is made as to the accuracy or currency of the content of this map at any time. The Victorian Government and this agency (Department of Economic Development, Jobs, Transport and Resources) do not accept any liability to any person for the information or advice (or the use of such information or advice) which is provided on this map or incorporated into it by reference.

GEOLOGICAL SURVEY OF VICTORIA

Date Saved 25/10/2018

From Mrs Dee-Anne Gerring, Acting Principal

There was much excitement about the school as we welcomed our Prep, Grade 1 and Grade 2 children back to school. How lovely to see little people and hear excited noise about the place again! Children settled back into their classrooms and enjoyed seeing their friends and teachers again. With a few new additions to classrooms, it made for a wonderful and renewed 'start' again. We also have some Year 3-6 students with us from time to time while parents are at work and look forward to welcoming the rest of the cohort back next week!

Staff have been busy implementing some new 'norms' about the school for the health and safety of all students and staff. Frequent hand washing and sanitising, education on best hygiene practices, reducing mixing of cohorts across the junior and senior school, extended cleaning, altered drop off and pick up procedures, staff social distancing, amongst many other routines have been implemented. The health and safety of all is paramount.

Unfortunately, we cannot have visitors other than staff and students on school grounds. This is a necessary but sad occurrence when we are a school that encourages and welcomes parents and volunteers with open arms. We look forward to one day getting back to having our school buzzing with community members joining us for SAKG classes, classroom help, assemblies and more.

There will be no School Assemblies until further notice, as we are not allowed to gather the whole school at once. We are however, brainstorming creative ideas to celebrate, reward and share the wonderful children and things happening at our school. This is where we will continue to utilise Seesaw, our school website and our new Facebook page. So please keep an eye out!

As restrictions are beginning to ease, we encourage everyone to still remain vigilant and be as safe as can be, to keep our school a safe place also.

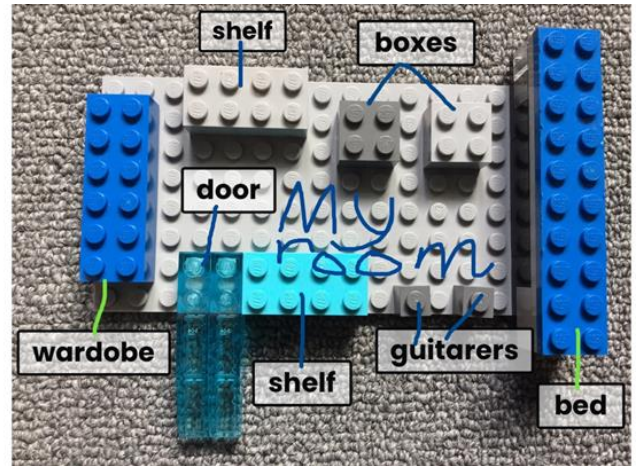
Thank you, Dee Gerring

YEAR 1/2 - REMOTE LEARNING SHOWCASE

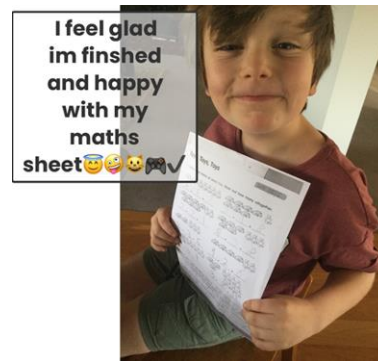
Grade 1/2 have completed some amazing work when they have been learning remotely. The children have posted many items for us to see and enjoy. We have all improved our ICT skills and learnt how to use technology in our learning.



Grace Macgugan's writing directions and hiding them for a seeker to find a treat.



Zach Lances birds eye view of his bedroom.



Will happy and proud of his addition sums.

PREP / YEAR 1 – ARE BACK AT SCHOOL!!!

Nellie: I loved coming back to school because I love seeing all of my friends.

Jackson: I was feeling so happy to see all my friends at school.



NEWSLETTER CONTRIBUTION AND DISTRIBUTION DATES FOR 2020

Michaela: I felt a bit nervous coming back to school until I saw all the people and new toys!

Olivia: When I first walked in I felt scared and then I realised there were new toys I started playing with them and all my great friends.



Matilda: I loved seeing all my friends again.

Xavier: I got excited about seeing all my friends. Especially George, cause he has had a play date.

Ben: I felt excited and I love all the toys and every single friend.



Jed: I felt happy when I saw all my friends and all the new toys.

George: I like playing with all the new stuff and seeing all my friends.

Please note that the closing date for the Community Newsletter is **6.00pm on the Friday before the distribution date**, as listed in the table.

Please forward your content to Mrs Carol Burger – email: carolburger5103@gmail.com or phone: 0417 374 673.

Issue Number	Cut-off Date	Distribution Date
9	Fri 12 June	Wed 17 June
JUNE-JULY SCHOOL HOLIDAYS		
10	Fri 10 July	Wed 15 July
11	Fri 24 July	Wed 29 July
12	Fri 7 August	Wed 12 August
13	Fri 21 August	Wed 26 August
14	Fri 4 September	Wed 9 September
SEPTEMBER-OCTOBER SCHOOL HOLIDAYS		
15	Fri 2 October	Wed 7 October
16	Fri 16 October	Wed 21 October
17	Fri 30 October	Wed 4 November
18	Fri 13 November	Wed 18 November
19	Fri 27 November	Wed 2 December
	LAST ISSUE 2020	



Stephanie Alexander Kitchen Garden Program (SAKG)

From the Kitchen ...Clare

Kennedy and From the Garden...Lisa

McIntyre

Dear Friends of the Kitchen and Garden,

Due to Department of Education regulations, we unfortunately cannot have visitors and volunteers on school grounds, working with children, until further notice. This means we are unable to have SAKG Friends in for our classes. Our classes will take a different look for the time being. We thank you for your patience and look forward to having you all back when the time comes.