

Dunkeld & District Newsletter



Sponsored by Lions Club

Distributed fortnightly on Wednesday (except during School Holidays)
Printed at the Dunkeld Consolidated School – E&OE

Issue No: 15/2020 Date: Wednesday 7 October 2020



FURTHER UPDATE ON THE DUNKELD SERVICE STATION

On 22 July 2020, council officers served the Dunkeld Service Station site owner with a building order to stop construction works and a building notice for failure to obtain a building permit prior to commencement of works.

Other relevant authorities are also aware of the work practices identified on the property. Since then the owner has appointed a town planner and building surveyor to address concerns raised.

An extension of time has been granted to the Building Notice for the owner to show cause on matters of non-compliance and this extended Notice will expire on 21 October 2020. The extension was given as both consultants are based outside our region, and travel across to Hamilton is limited due to Covid19 restrictions. At this time, no documentation has been submitted for Council to assess.

Without relevant planning and building permits in place and conditions being met the service station cannot operate.

Andrew Goodsell
SGSC Director Planning and Development

Disclaimer: The purpose of the Dunkeld & District Community Newsletter is to share information about activities, events, projects and services in our local district and surrounds, including historical information. It is not a platform for political or public argument. The newsletter is supported by local business advertising. The Dunkeld & District Community Newsletter reserves the right to accept or reject any submissions at its discretion without notification.

DONATIONS

We rely on donations to the Community Newsletter to offset all expenses relating to producing it. Please send in your donation to the Dunkeld Consolidated School office where it will be receipted and an acknowledgement made via the Newsletter. A receipt will be provided. **Please make cheques payable to the "Dunkeld Consolidated School."**

CHURCH TIMES

Saint Patrick's Catholic Church

Co-Pastor: Father Pat Mugavin - 5571 1161
Co-Pastor: Father George Kuruvila – 5571 1161

Email: patrick.mugavin@ballarat.catholic.org.au
Email: george.kuruvila@ballarat.catholic.org.au

1 st Week	Sunday	August 2
2 nd Week	Sunday	August 9
3 rd Week	Sunday	August 16
4 th Week	Sunday	August 23
5 th Week	Sunday	August 30

Please note that public Masses in the Saint Mary MacKillop Parish Western Border have been suspended as of 6 August 2020 due to Stage 3 COVID19 Restrictions. Please click on the following link for our Online Mass: <https://www.youtube.com/channel/UC-bIQdgo2Zk0xN9ki93aFjw>

or follow our Facebook page to receive notification of online masses:

<https://www.facebook.com/westernbordercatholicparish/>

If you would like to receive regular email links to invite you to watch our Masses, please email our Parish Office on admin@westernborder.church

Dunkeld Anglican - Uniting Churches

On Sunday mornings, Morning Prayer will be live streamed at 10:00am followed by the Sunday morning mass at 10:30am on our Parish Facebook page <https://www.facebook.com/AnglicanHamilton>

Panyyabyr Uniting Church

Mirranatwa Uniting Church

Services in the Parish are now available on You Tube and Face Book. Also on Google, click in **Hamilton Uniting Church Livestreaming**. Available at **11.00am Sundays** or can be viewed at a later time.

Anyone wishing to speak / or meet with Rev Angie Griffin is welcome to contact her regarding a suitable time and place on **0417 367 227**.

WHAT'S ON IN OCTOBER

MON	TUES	WED	THURS	FRI	SAT	SUN
5	6	7 Newsletter issue 15 distributed	8	9	10	11
12	13	14	15	16 Newsletter issue 16 cut-off	17	18
19 Dunkeld Arboretum AGM & 8.00pm	20	21 Newsletter issue 16 distributed	22	23 Thank You Day Public Holiday	24	25
26	27	28	29	30 Newsletter issue 17 cut-off	31	1 NOV



**From the Lions Den
Victorian Lions Foundation continued**

Baker Heart and Diabetes Institute

The above is an internationally renowned medical research facility whose mission is to reduce death and disability from cardiovascular disease, diabetes and related disorders; two prevalent and complex diseases responsible for the most deaths and the highest health costs in the world. This institute is supported financially by Lions.

Congratulations

Recently Liz and I were able to congratulate Sue and Derek Morse on reaching 50 years of marriage. Sue and Derek have now spent most of their lives in Dunkeld and have certainly put a lot back into the community. It was a pleasure to be able to pass on our congratulations to them, they were married on the same day as Liz and I. Thank you ladies from two appreciative men.

When you reach my age you actually get interested in other people's ailments, operations etc. Well recently Derek had a knee operation and I commented that he was getting around like a two year old now and asked him where it was done. He replied, "Right leg about midway between the ankle and hip."

Peter Hinchey

DUNKELD PUBLIC LANDS COMMITTEE

After a wet few weeks the Reservoir is full. This has put our plans to start getting the jetty built delayed for the time being, it could be late summer??

Some large rocks have appeared on the floor of the overflow, hope no one has been dropping them over the side?

We are looking at stocking the ressy with some fish, looking for some donations. Please contact Jason Linskens at KELLYS for more information.

Memorial Park - The toy frog in the playground has a broken spring and needs replacing. We are looking into it. These things are for little children NOT BIG KIDS, thanks in anticipation.

We would like to have a working bee soon, when it dries out a bit, to clean up along Salt Creek before it gets to the Fire Season. Will work on some dates soon.

Hope all are well.

Frank Raymond
DPL Committee



Dan Tehan MP
Member for Wannon

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please don't hesitate to contact me if I can be of assistance.
190 Gray Street, Hamilton VIC 3300

Local call 1300 131 692
dan.tehan.mp@aph.gov.au
www.dantehan.com.au

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Authorised by Dan Tehan, 190 Gray Street Hamilton VIC 3300.



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Sunday	8:30am–3:00pm
Monday	8:30am–3:00pm
Tuesday	Closed
Wednesday	Closed
Thursday	Closed



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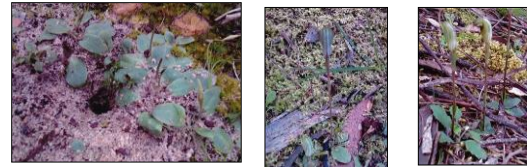


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At the moment the bush is full of treasures of many kinds, but sometimes we have to humble ourselves and stoop low to observe and appreciate them. We can easily pass by large, lush coverings of moss, so splendid at this time of year. Yet within them are to be found so many tiny species, Dwarf Greenhoods, *Pteris nana*, Blunt Greenhoods, *Pteris curta*, and the exquisite little helmets of Stately Helmet Orchids, whose botanical name I am now trying to learn, *Corybas diemenicus*. I wonder whether they choose to grow in moss because the latter holds the moisture as well as giving support? Or do they exchange nutrients? Many of you will be familiar with another little plant that often favours mosses. It has a rosette of basal leaves of delicate shades of yellowish-green or pinkish-red. It usually grows in tightly packed colonies creating a very attractive ground cover on banks, in open areas or under trees, whilst holding the soil in position. The spatula-shaped leaves are covered in multitudes of sticky hairs which glisten in the sunshine, giving them the common name of Sundew. Their purpose is to close over insects and to digest them providing nitrogen for the plants. This particular species is called the Scented Sundew, *Drosera whittakerii* and has a large, single flower, close to the earth, with the most divine fragrance.



Recent I went to observe a particularly large colony of these Sundews, expecting many of them to be in flower, but not a single one was blooming and there were no buds. I wondered why? Are they juvenile plants! I walked further on, my attention drawn to many different areas of *Drosera*. In each colony, only a few were in bud or flowering, which seems to indicate that they don't usually all flower at the same time. Perhaps, also, it depends on the time of day.

On a different occasion, I stopped to observe some of this species of *Drosera* covering an earth mound at the edge of the track. Here, a couple were flowering and I learned also that sometimes one plant can have up to five buds on it, each supported by small stems. I also saw, what at first I thought were stems, only to discover that they had no buds and actually continued growing firmly into the soil! Rhizomes! So this is the way Scented Sundews propagate, at the same time of year in which they were flowering. However, I had only seen this in one particular colony!

So now I am a little wiser and share my discovery with you.

Editors Note: Due to computer goblins, Marion's article wasn't fully published, please accept my apologies and enjoy the article in its fullest!



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DUNKELD ARBORETUM DEVELOPMENT GROUP INC

The AGM will be held on Monday 19 October 2020 at 8.00pm at the Dunkeld Community Centre.

Due to virus restrictions the meeting is one month later than usual. Nominations for office bearers to be lodged with the Secretary prior to the meeting.

Positions are for President, Vice President, Secretary and Treasurer. Forms are available from Secretary, Heather Hampton – phone: 5577 2240.

At the conclusion of AGM, the ordinary meeting will take place. Thank you.

Heather Hampton
 Secretary

The Natural World by Marion Colton

Hello everybody! I hope you are all keeping well and happy in spite of, or because of, all the restrictions. Luckily, the natural world is not affected by them and follows its own laws.



109a Parker Street
Dunkeld Vic
Ph: 03 5577-2288

Café 109 is open for sit in dining

Café 109 is now open for sit in dining, we request that people call us on **5577 2288** or contact us via our Facebook page to book their table as we have limited seating available, walk-ins will be allowed if we have space available and the bar will be open for those dining in, takeaways and delivery remain the same.

Our operating hours are as follows:

Monday - Closed

Tuesday – Chicken Parma Night 4pm – 8pm

Wednesday – 4pm – 8pm

Thursday – Burger Night 4pm – 8pm

Friday - 4pm – 8pm

Saturday & Sunday - Lunch 12pm - 2pm

Dinner 4pm – 8pm

Takeaway Meals

- Flake • Whiting • Calamari
- Scallops • Crumbed Prawns
- Dim Sims • Spring Rolls • Chips & Gravy
- Pizza Varieties_•Pasta
- Risotto • Chicken Schnitzel/ Parma
- Tennessee Ribs • Garlic Prawns
- Salt 'n' Pepper Squid_• Chips
- Hamburgers/ Vegie Burger

Takeaway Family Meal Packs

- Pizza Bundle – 2 x Pizza's, garlic bread & 1.25L Soft Drink \$40
- Fish & Chip Bundle – 4 x pcs Fish, chips & salad \$30
- Chicken Parma's – 4 x Parma's, chips & salad \$70
- Chicken Schnitzel – 4 x Schnitzels, chips & salad \$60

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****Beer, Wine, Coffee, Soft drink Varieties, Mixed Spirits available****

*****Delivery available in Dunkeld town boundary with minimum spend of \$20****

SOME WORDS FROM THE DUNKELD ANGLICAN CHURCH

A friend taught something the other day. He pointed out that he finds himself getting grumpy when he ingests the news. Like eating something that gives you indigestion. Having watched the news I see what he means. Each story is carefully crafted to divide our community. It is inflammatory and infuriating.

I quickly point out that we are a bit spoilt with our local paper and community newsletters. They simply tell us what is going on in an informative and non-biased way. This is not always the case with other publications.

But my friend has aroused some more questions that I don't know the answer to. Why does anger sell? Why does division and argy bargy, grab our attention and why is it that we hang onto these unhelpful emotions for far too long?

My friend, has chosen not to fuel his 'indigestion' with lashings of this unhelpful diet. He says he is feeling a lot happier for it and he certainly seems that way. He pointed out that every time we support the "Big media" we are in fact perpetuating the cycle of grumpiness. We are supporting an industry that is provocative.

In a very cheeky moment, I wonder what would happen if for just one day, everyone chose not to support the "Big Media". Would the world end if we chose not to buy one of their papers or watched a film instead of the news? We often need to be reorientated away from our ire.

Some of the words that have reorientated me from time to time are these.

Come Holy Spirit giver of life and love, grant for our hallowing thoughts that pass into words. Words that pass into deeds, deeds that pass into love and love that pass into life everlasting. Even so ... come.

Father David Oulton

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*NOTE CHANGE OF HOURS

MONDAY TO THURSDAY - 7.00am – 4.30pm

SATURDAY - 7.30am – 4.00pm

SUNDAY - 8.00am – 1.00pm

(Times may vary on Public Holidays)

Seasonal fruit and veg boxes –
delivered Tuesday and Friday

Meat orders taken Tuesday
for Thursday arvo pick up

Text Melissa 0400 829 566 to order.

Dunkeld Fitzpatrick Sawmill

Now that small gatherings are allowed we have had a few of our members working hard restoring the mill. It is amazing the number of small problems we have encountered. Please keep us in mind for sawlogs. It is our aim to have small cuts for charity. The mill needs regular work to keep it in good shape.

Unfortunately, we had a small fire two weeks ago. A big thank you to Greg and Debbie Millard for spotting it and keeping it under control until the fire brigade attended. Thank you, members of the Dunkeld Fire Brigade. It was a valuable lesson for us. Years of sawdust build-up don't need sparks.

John Smith



RED CROSS

After six months without meetings, the Dunkeld Branch hopes to hold their **last meeting** for 2020 on **Monday 26 October** at 2.00pm in the Henry Leech RSL Room, all being well of course. A notice from HQ has just been released stating that we can again hold a meeting after notifying the Regional Rep and by following the required guidelines. These **guidelines** will be in the next newsletter.

The **history segment** for this issue will be from the **Karabeal / Panyyabyr Branch**:

This group was formed on **7 October 1939** and met once a month in a different member's home. Over the 7 years, the branch dispatched soaps, jams, honey, hankies, towels, stationery, matches, books, tobacco and cigarettes, gloves, shirts, pullovers, waistcoats etc to locals in the services.

A **Fund Raising Dance** was held in **Ramsey Hay's** woolshed with music provided by **Mrs Fitzpatrick** and an **Ugly Man** competition ran for some time. **Alex Hay** was the winner, having raised the most money of 9 pounds, 12 shillings and 1 penny.

At a **Farewell** function at the Valley Hall for local soldier **Ray Thomas**, Karabeal Red Cross presented him with a sum of money. Ray was tragically killed in 1945 on his way back from New Guinea, after peace had been announced.

When **Armistice** was declared a **Peace Dance** was held in **Eric Hay's** woolshed and people from surrounding districts attended while **Grace McIntyre** and **Jim Napier** provided the music.

At a Welcome Home dance at the Valley Hall, each local Red Cross Branch raised a toast to 20 returning service personnel and the valley Branch presented **Mrs Radley** with a brooch in memory of her son **Ken**, shot down over Germany and a memorial tablet to **Mrs Thomas** and **Mrs Trotter**.

After 7 years, the **final branch meeting** was in the Karabeal School Hall on **3 June 1947**, with 29 senior members and 7 junior members.

We send our greetings to **Helena Flinn** as she travels between home and Geelong continuing treatment.

Iris Field, Dunkeld Branch Secretary



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available. These work by attracting the male adult moth thus preventing the production of eggs which later hatch into caterpillars, which then damage your fruit. Ask your nursery for further details.

Lots of summer vegetables can be planted in October. Home grown vegetables are fresher, cheaper and give a great sense of satisfaction to the grower. An open sunny position is required also good drainage, an adequate supply of good quality water and soil of reasonable texture and fertiliser. Main plantings are climbing and dwarf beans, beetroot, capsicum, chilli, carrots, cucumber, lettuce, melons, parsnip, pumpkin, squash, radish, spinach, silver beet, sweet corn, tomato, zucchini and most herbs.

Flowering annuals are useful both in the garden and in pots or hanging baskets to add bright splashes of colour to your garden during the late spring and summer through to autumn. Annuals in pots are useful as they can be moved to different areas of the garden or even taken inside for a few days for a special display. If planting into pots, make sure that you use a good quality potting mix (one which meets Australian Standard 3743). For open ground planting, soil preparation is important, well cultivated with the addition of compost or well-rotted animal manure or a well-balanced complete fertiliser. Annuals grow quickly; therefore a plentiful supply of plant nutrients should be available. If your soil is not deep, raising the area by 10 – 15 centimetres will give your plant roots more room to develop as well as improving drainage. Water the seedlings before removing from the punnet and be sure to plant at the same depth as in the punnet, then water in well to settle soil around the roots and eliminate any air pockets. Slugs and snails can cause problems with some plants especially marigold and petunia. Keep weeds under control and use snail bait if necessary. Main spring annuals are begonia, marigold, carnation, portulaca, impatiens, petunia, lobelia, salvia and several others.

October is a good time to divide and replant dahlia tubers. Watch for aphids on new rose shoots and hose them off or use a recommended insecticide.



Happy gardening!

Stephen Hughan, Ararat Nursery – phone: 5352 1123



Dunkeld Refugee and Asylum Seeker Support Group – Member of Rural Australians for Refugees
drassrar@gmail.com

Recently the DRASS group held the competition below. For a bit of fun, people were asked to identify 32 local faces. There was not one entry that was 100%, however two people correctly named 26 of the photos. So it had to go to a count back system, based on the spelling of the names! There were three Macgugans in the mix so Heather correctly spelt those names, but overall our local Kelly's manager Jason took out the prize. Congratulations.

Another prize was for the person least identified. A young woman, who may want to remain anonymous, who also likes horses and books, was that successful prizewinner.

GARDEN NOTES – OCTOBER

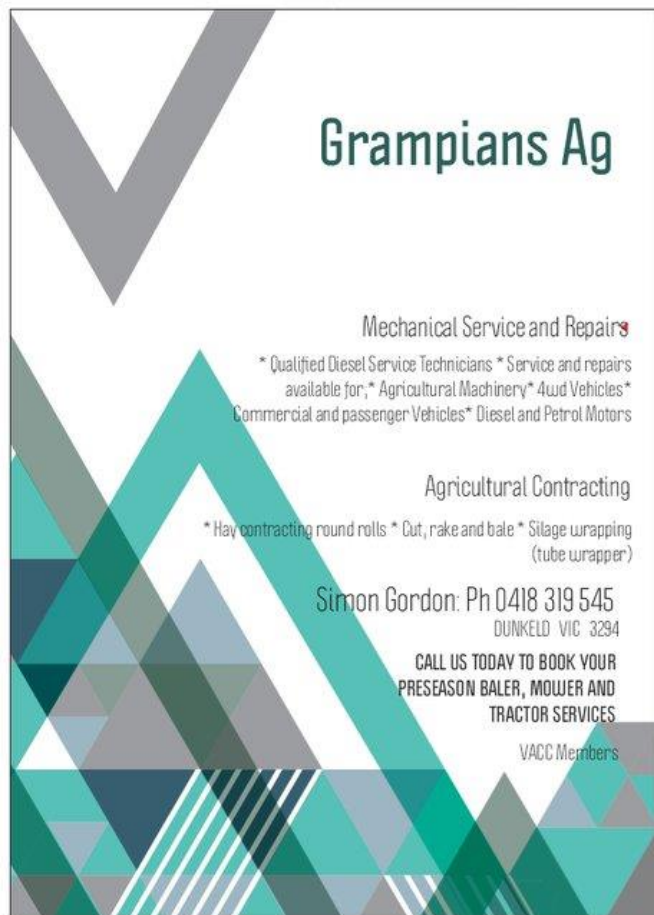
As apple and pear trees flower in October, it is very important to carry out codling moth control. Traditionally various insecticide sprays were used and these are still very effective but now a range of traps using pheromone lures are

We wish to thank the people who submitted their faces and those who contributed an entry and/ or donation. It really helps those anonymous people under Australia's care who lack so much support and recognition.

'DUNKELD UNMASKED'

Prizes

Entrant identifying most faces - a home delivered dinner for 4
The person least identified – a home delivered dinner for 2



Dunkeld Progress Association

I recently took part in a Shire Zoom Meeting. All small towns in the Shire were represented. They all have Progress Associations which are the direct link to the Shire. I was a bit embarrassed that our town does not have a Progress Association at the moment.

It was great to hear the good things being done in other towns. They are very progressive but unfortunately Dunkeld may miss out.

Our Progress Association lost progress. Due to certain circumstances our numbers dwindled and at the AGM last year we were unable to get office bearers and the association folded.

Our town needs to reform an Association that looks at **all matters** relevant to Dunkeld so our little town will thrive. We need to form a group that looks at the progress of our town and district, otherwise, we will tend to be ignored. A new era will come once the big walks are finished and we will have little say in what happens to us.

I implore everyone to give this some thought. If you like living here, then give something back to our small town.

For further information, please contact John Smith on 0429 772 373.

John Smith



SCHOOL NEWS

From Mrs Dee-Anne Gerring, Acting Principal
Remote Learning – Term 3

Congratulations to all our students, staff and parents on making it through, what has been a difficult term again. We are incredibly proud of our students and thankful to our parents for helping them with all their learning. Although we think you have all done a wonderful job at home, we are very ready to have you all back at school and I'm sure you'll all be excited to get back.

I would like to formally recognise and thank our staff who have worked tirelessly throughout this time. Our teachers have had to learn to teach in a completely different way and have continued to make things engaging and as exciting for the students as they possibly could. The workload has been unlike anything they've ever experienced before and they have continued to smile and be positive throughout. What wonderful role models for our students. Our Education Support Staff do not go unrecognised either. Helen and Clare have been busy on and off the computer chatting with and running support lessons, while Angus has been a godsend in helping the students onsite and running many activities. Terrie is always as busy as ever in the office, ably supported by Christy, making sure everything is running smoothly. Thank you!

Back to School – Term 4 – Monday 5 October 2020

We were excited to hear the news that we will be back at school for Term 4.

Term 4 will have a strong focus on the DET priorities of 'Wellbeing and Equity', 'Learning Excellence' and 'Transitions'. Re-engaging students back into the school setting, with a focus on social and emotional learning, 'finding the gaps' from remote learning for each student and working on those, as well as the Transition for our Kinder and Year 6 children will all be extremely important.

Permanent Modular School Building

The pre-work has begun over the last couple of weeks for the new building to arrive in the first week back of Term 4. It is very exciting watching it all unfold and it will be a sight, seeing the building arriving by truck. We will be sure to film it coming in and share with the school community. The old hall is now empty and ready for demolition. Thank you to those who have helped in getting it all ready. It is greatly appreciated. It will be sad to see this part of history go, where we all have such fond memories. The new building will be a fantastic and improved new learning space for our students to enjoy however.

Fencing has been erected around the building site and we ask that no cars are entering the school grounds from the Cricket Club gate.

Kinder to Prep Transition Program

We have held our first Transition session with a much different look. Mrs McShane, Mrs Matthews and I had a Webex meeting with the Kinder children, Mrs Debbie and Mrs Kim. Although we would love to be meeting these eager little people in person, it is great to have some alternatives so we can see one another and they can become familiar with school staff. They demonstrated their confidence by introducing themselves and telling us their age, whether they had any brothers or sisters at school or if they are the oldest in their family and the first to start school. We will hold another Webex session in the first week back of school. Well

done to the Kinder children and we can't wait to meet them in person.

Capturing 2020

Our staff have been talking about how we can capture 2020 after what has been a significant year in our students and families lives. We would like to create a time capsule for each student that they take with them, highlighting the experiences of 2020 – the highs, the lows and everything in between. We would also love for parents/grandparents to write a letter to your children/grandchildren talking of the experience from your perspective. This can be added to your children's time capsule when they bring it home. This can then be opened at your family's discretion in years to come and look back on the adversities you all overcome. We will also be compiling some memories that will be kept at school. Thank you and I hope you all enjoyed the holiday break.

Dee-Anne Gerring

REMOTE LEARNING

Prep/Year 1 Class Captain Report by James Manolas

Reading: In Reading we learnt about volcanoes. We learnt about the earth's plates and magma. After that we learnt about the Great Barrier Reef and how the Torres Strait Islander people and Indigenous people hunt for food in it. After that we learnt about Uluru. Uluru is a big sandstone rock in the Red Centre of Australia. Uluru was still in the Red Centre when the Dinosaurs were here.

Writing: In Writing we learnt about Verbs and Nouns. Verbs are doing words and nouns are naming words. Then we learnt about adjectives. Adjectives are describing words. We created a brochure. I did my brochure about Naxos in Greece. We also learnt about the difference between questions and statements.

Maths: In Maths we learnt about money and we learnt about notes and coins. I really enjoyed the "Going to the Fair" activity where we spent money on things to do at the Fair. We also learnt about capacity, if it's full or not full and measuring in millilitres.

Science: In Science we built a newspaper tower and it was tall enough and strong enough to hold a big ball. Then we made a boat. I used a lot of materials and it could float.

Remote Learning: What I liked about Remote Learning was using PicCollage and posting it on Seesaw. I also liked reading the teacher's comments and I liked doing the Science activities. What I found challenging is not doing my work with my friends. I like Remote Learning, but I like School better.

Grade 3 Class Captain Report by Harry McShane

Hi everyone, this is my first Class Captain Report. Term 3 2020 has been annoying because of the Coronavirus. It is so annoying that we don't get to see our friends. Being in lockdown is really bad because we haven't been able to go on holidays or even go on a day trip to Warrnambool or Halls Gap.

We have been busy with slides from Mrs Gilbert and Mrs Field this term learning about lots of different things. In Reading we have been using Reading Eggs and Epic books. Reading Eggs is more fun with lots of books to choose from and winning prizes when you get done. We read an information report on Eagles that was in our packs. We learnt a lot about them. In our first few Webex meetings we read with Mrs Gilbert that was fun too.

Then we wrote an Information Report on Eagles. Now we are writing a biography which is good fun. I am writing about Anh

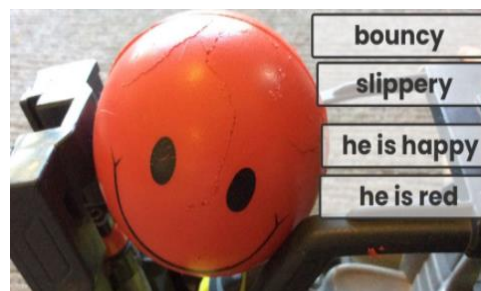
Do who is a famous author and comedian. Did you know Anh Do was attacked by real pirates, when he was escaping from the War in Vietnam and on a boat to Australia?

In Maths we have been doing time with Mrs Field and with Mrs Gilbert we have done Mathematics and Subtraction work from our booklets. On Tuesdays we do a number facts task, which we are all getting better at.

We have enjoyed the School Captains' messages each week and our dress up days too. We enjoyed dressing up as our unsung heroes. I dressed up as a farmer. Thank you for reading my Class Captain report.

Prep/Year 1 Showcase

In Remote Learning we have been learning about adjectives. Adjectives are used to describe a noun. Here are some examples:



We have also been learning about money. The Year One students were assigned a task where they had to pretend to go to a fair. They had a \$5.00 budget to spend on whatever they liked.

In Inquiry Prep and Year 1/2 students have been looking at the 5 R's of recycling. Refuse, Reduce, Reuse, Repurpose and Recycle. Students were given the task of repurposing an item around the home that was no longer needed, but instead of throwing it away, they gave it a new and different purpose.



Find us on 

Don't forget to find us on Facebook
Or on our website www.dunkeld.vic.edu.au

Whilst we would like to show you all the activities that have been undertaken by our students and all of the photos that are taken we cannot physically fit it all into a fortnightly newsletter. We can however put up a number of different

photos and or videos and extra information on Facebook or our school website.



Stephanie Alexander Kitchen Garden Program (SAKG)

From the Kitchen ... by Bev Hampton

On Thursday 3 September, it was Spring so it was Spring Roll making time but with a very wintery feel about it.

With the garden still producing lots of silver beet, rainbow chard, celery, spring onions and the last of the pak choy, once harvested the filling for the spring rolls was prepared.

After a demonstration on how to fold a spring roll the children were able to create their own. It was great to see everyone have a go and about 80 spring rolls of varying shapes and sizes were produced. Brushed with a bit of oil they were popped into the oven.

To continue on with our campfire cooking, we also made bananas stuffed with chocolate and apples that had been cored and stuffed with chocolate and wrapped in foil. One student came up with the idea of sprinkling on some cinnamon sugar so that was soon created and sprinkled on. We then took these out to the fire and thanks to Lisa who has been lighting the fire for us, this week she also cooked our yummy desserts.

Once the children set up the undercover area with tables, stools, vases full of lovely flowers, and cups full of harvested ingredients for their billy tea it was time to tuck into our delicious lunch.

Thursday 10 September greeted us with lots of sunshine. The plover had stopped swooping us so it was very pleasant to harvest some lettuce from the garden. This week in the kitchen I turned up with two batches of dough for the kids to each have a go at making their own bread roll. While these were baking, we headed outside and sat around the fire while Lisa spoke about snake awareness.

To go in our rolls today I had pre-made some burgers, which we cooked on the grill over the fire. The children set up the dining area for us and we also set up a burger making table. Once their bun was found the children went along and chose lettuce, tomato, cheese, aioli and rhubarb relish to have. The feedback from some of the children was this was the best lunch we have had so far.

NEWSLETTER CONTRIBUTION AND DISTRIBUTION DATES FOR 2020

Please note that the closing date for the Community Newsletter is **6.00pm on the Friday before the distribution date**, as listed in the table.

Please forward your content to Mrs Carol Burger – email: carolburger5103@gmail.com or phone: 0417 374 673.

Issue Number	Cut-off Date	Distribution Date
15	Fri 2 October	Wed 7 October
16	Fri 16 October	Wed 21 October
17	Fri 30 October	Wed 4 November
18	Fri 13 November	Wed 18 November
19	Fri 27 November LAST ISSUE 2020	Wed 2 December

Disclaimer: The purpose of the Dunkeld & District Community Newsletter is to share information about activities, events, projects and services in our local district

and surrounds, including historical information. It is not a platform for political or public argument. The newsletter is supported by local business advertising. The Dunkeld & District Community Newsletter reserves the right to accept or reject any submissions at its discretion without notification.

NOMINATIONS NOW OPEN FOR 2021 AUSTRALIA DAY AWARDS

Nominations are now open for the 2021 Australia Day Awards. The Southern Grampians Shire Council Australia Day Awards are presented annually to recognise the achievements and contributions made by residents of the Southern Grampians Shire.



Southern Grampians Shire CEO Michael Tudball encourages residents to get involved in the nomination process, saying the positive differences individuals and groups make to our community are worthy of celebration.

"There are many people in our region who are great role models, and who contribute to the welfare and wellbeing of our community, including our environmental and social responsibilities, our cultural capital and our community spirit," Mr Tudball said.

"It's also important to recognise the significant role that events play in our towns and communities. Although the past year has been slightly different to most with many events going virtual, we know that events engage different demographics, fundraise for community projects, contribute to our region's reputation and have positive social and economic benefits.

"This is a great opportunity to recognise those people who are contributing positively to our community and hopefully, it may also inspire others to follow in their footsteps," Mr Tudball concluded.

The Southern Grampians Shire Council 2021 Australia Day Awards, comprise four categories:

Young Citizen of the Year is awarded to a Shire resident aged under 25 as at 26 January 2021 who has made a significant contribution to the community in the current year or over a number of years.

Citizen of the Year is awarded to a Shire resident aged over 25 who has achieved the most distinguished performance and/or made the most outstanding contribution to the Shire community in the current year or over a number of years.

The Community Activity of the Year is presented to the group or person who has staged the most outstanding community event, either small or large, between 30 October 2019 and 29 October 2020. This could be a single day event, a multiple day event or a virtual event.

Community Recognition is awarded to an individual based in the Shire who has made a significant contribution to the local community in the current year or over a number of years.

Council has launched an online nomination form, available on our website, to make it easier to nominate someone or a group who has continued their good will this year, despite the extraordinary challenges caused by the global pandemic. Nominations close Friday 13 November.

If you have any questions, or would like some help with your application, please contact Council's Community Relations team on 5573 0444.

We want our communities to be physically and mentally healthy.

All community members are invited to Join Deakin University's Food and Mood Centre to learn about

FOOD & MOOD



What we eat every day plays a big role in our overall health and well-being.

This session will explore the connection between diet and mental health and share simple, practical tips for parents and families to help improve their mental health through nutrition.

Friday 9th October, 12:30-1:15pm via zoom

<https://us02web.zoom.us/j/84407937142>

Simply follow this link to participate from your smart phone, ipad, tablet, laptop or desktop



Melissa Lane
Melissa holds a Bachelor of Nursing, Diploma in Psychology and Bachelor of Psychological Science.



Amelia McGuinness
Amelia holds a Diploma of Human Nutrition, Bachelor of Health & Medical Science and Bachelor of Biomedical Science.

Guest presenters Amelia and Melissa from Deakin University's Food & Mood Centre

The Food & Mood Centre is a world-leading, multi-disciplinary research centre that aims to understand the ways in which what we eat influences our brain, mood, and mental health.

Both Melissa and Amelia are leading research around how the gut microbiota are able to potentially influence our mental health and behaviour via the 'gut-brain axis'.

For queries or more information, contact Ebony at ebony.jenkins@wdhs.net or 0466554562



MEET SOME OF THE SOUTHERN GRAMPIANS SHIRE COUNCIL ELECTION NOMINEES

(Paid advertisements by candidates)

VOTE 1

Mary-Ann Brown



PROVEN & COMMITTED LEADER

Southern Grampians Shire Council
Contact me on: 0412 528 176
or at mabrown56@live.com.au

PROOF - MABZ

Authorised by Mary-Ann Brown, 6640 Glenelg Highway, Dunkeld 3294

Candidate for
Southern Grampians Shire Council



VOTE 1

AMA COOKE

Taking Action
Getting Results

Communication is the Key

Call me: 0402 870 738

Email: amacooke@gmail.com

Find me on Facebook

Authorised by Amanda Cooke, 46 Watton St, Penshurst



DUNKELD RSL SUB-BRANCH

RSL Membership: We invite ex-service men and women to be members and renew their membership (\$40.00 per person) to ensure the future of the RSL locally. If you are a relative of ex-service men or women you can also join the RSL. By becoming a member of the RSL you will be helping the welfare of disabled war veterans and supporting your local RSL Sub-Branch. Application forms are available from the Secretary/Treasurer, Terrie Nicholson - phone: 5573 3353.

INTERFET: Planning for the "INTERFET 21 years since East Timor" campaign began in late 2019, the team at RSL Victoria saw this campaign as an opportunity to both engage with the post 1990's veteran cohort, and undertake significant commemorative and storytelling activity outside of the Mufti schedule. In planning the campaign, one of the hurdles that they needed to find a way to overcome was the lack of public awareness for the International Force East Timor (INTERFET).

Although a significant event in Australia's military history INTERFET was soon overshadowed by both the war in Afghanistan and Iraq. Overcoming the lack of public awareness meant that the campaign would need to be designed in such a way that it would also be an educational experience for the audience, not just commemorative. In planning that campaign RSL Victoria considered a number of ways to commemorate, ultimately deciding the best way to tell the story of INTERFET would be to create a distinct and independent 'microsite' that had the flexibility to be executed across a range of communication channels.

On 20 September 2020, RSL Victoria launched the microsite to the public. The site features seven stories, some of the RSL members who served as part of INTERFET, as well as

the Former First Lady of East Timor, Kirsty Sword Gusmao, and Australian Walkley Award-winning journalist, Josh Murray. One of the stories featured on the site is that of former RAAF nurse Julie Jenkins. Here is an excerpt from her story:

Responding to a call for nurses in the military, Julie Jenkins began her career with the Royal Australian Air Force (RAAF) in 1998. There was no way she could have foreseen what was coming her way. Just six months into her almost 10 year service with the RAAF, the last type of opportunity she could have imagined came knocking.

Julie remembers blurting out 'yes'. But it quickly dawned on her she had just committed to a deployment to East Timor as a medic. A wave of doubt washed over her. "Oh my God, what the hell am I thinking. I'm not ready for this. I can't do this."

Some encouraging words later, a quick turnaround time followed and before she knew it, she arrived in Dili...

Please visit the website: www.interfet.rslvic.com.au where you can read about Julie's first-hand and confronting experiences from her service during INTERFET and how it has changed her life forever.

DVA Heart Health: The Heart Health program aims to increase your physical health, fitness and wellbeing by providing practical exercise resources, nutritional and lifestyle coaching for twelve months.

The Heart Health Program is free and open to all veterans and peacekeepers who have had operational services and who have not participated in the program before.

Physical health is vital to your mental health and your overall quality of life. There are a number of benefits for those taking part in the program. Participants will:

- Increase energy levels
- Maintain a healthy weight
- Prevent chronic disease
- Increase mobility
- Manage stress and improve sleep
- Create and maintain social connections.



For more information and to check your eligibility contact Corporate Health Management (CHM) at hearthealth.chm.com.au or phone 1300 246 262 or visit: www.veteranshearthealth.com.au

COMMUNITY VISION FRAMEWORK 2041

Join us and share your ideas and feedback for the Community Vision Framework 2041 project at the upcoming online Listening Post sessions

As you may be aware, the Southern Grampians Shire Council entered Local Government Election Caretaker Period at 12.00pm on Tuesday 22 September 2020 which will continue until 6.00pm on Saturday 24 October 2020. To comply with our Election Period Policy and the Local Government Act 2020, social media, marketing and communications activity will be limited and community engagement will be restricted. For more information, please visit our website.

You are invited to join upcoming community listening posts to share your thoughts, ideas and concerns about the future of Southern Grampians Shire.

The listening posts are being delivered to identify future priorities, plans and projects that may benefit your local community and the Shire, and inform the development of a Community Vision Framework 2041 (CVF 2041) and the new Council Plan in 2021.

We will be holding a series of six online meetings, commencing from Tuesday 13 October 2020. The sessions will be held via the BlueJeans online meeting tool. For those without internet access, you can also dial into the listening post-meeting.

What is the Community Vision Framework 2041?

CVF2041 is a Southern Grampians Shire Council-led initiative that seeks to create excitement and optimism within Council and the community about the future of the Southern Grampians Shire and chart a preferred 20 year future for the Shire.

This Shire is fortunate to have significant natural resources, climatic conditions that support agriculture and renewable energy and a stable population base. But there are also challenges including the large distances to capital cities, limited public transport and an ageing population. CVF2041 is an opportunity to future-cast, to look at the future that we want for this municipality and come together to identify the best ways to bring that to fruition. CVF 2041 will help shape strategic community planning for the next two decades, providing a foundation for all other work delivered by Council.

What about the Council Plan?

It is envisaged that CVF 2041 will set the high-level Council agenda for short, medium and longer-term planning. CVF2041 will inform the development of a new Council Plan in 2021. Both documents will be reviewed regularly to ensure consistency.

How do you get involved?

Please register to attend an online listening post-workshop, via <https://www.surveymonkey.com/r/CVF2041> or call Amanda on telephone 5573 0256 to register.

The details of the workshops are:

1. Cavendish, Coleraine and Balmoral
Tuesday 13 October 2020
6.00pm - 7.30pm
2. Tarrington and Peshurst
Wednesday 14 October 2020
6.00pm - 7.30pm
3. Glenthompson and Dunkeld
Thursday 15 October 2020
6.00pm - 7.30pm
4. Hamilton and Others
Saturday 17 October 2020
11.00am - 12.30pm
5. Byaduk and Branxholme
Tuesday 20 October 2020
6.00pm - 7.30pm
6. Hamilton and Others
Wednesday 21 October 2020
6.00pm - 7.30pm

You can also provide comment on the CVF2041 Discussion Paper via Council's Have Your Say page via www.sthgrampians.vic.gov.au

For further information, please contact Andrew Goodsell, Director, Planning and Development Southern Grampians Shire Council via email: AGoodsell@sthgrampians.vic.gov.au or call 5573 0246

Andrew hopes people will attend one of the online sessions to help inform the future for our Shire and towns. During this time, there are a number of restrictions in place to ensure that the Council election is conducted in an environment that is fair to all candidates. Please note, no campaigning or behaviour that would impact the integrity of the Election process will be tolerated in any of these online sessions.