



The Dunkeld Consolidated School is thrilled to be a Stephanie Alexander Kitchen Garden (SAKG) school.

We have a very strong and supportive community of local families and we invite parents, grandparents and community members to become "Friends" (volunteers) of this wonderful, enjoyable and educational program for our children and all involved. Donations of produce, seedlings etc are most welcome.

The fundamental philosophy that underpins the Stephanie Alexander Kitchen Garden Program is that by setting good examples and engaging children's curiosity, as well as their energy and their taste buds, we can provide positive and memorable food experiences that will form the basis of positive lifelong eating habits.

As a Kitchen Garden school we have committed to a dynamic and innovative model that sees kitchen and garden classes run weekly, enabling skills-based, authentic learning that extends across the entire school curriculum.

Years 1 to 6 spend time in the garden each week under the instruction of SAKG Garden Specialist, Mrs Lisa McIntyre and the Preps are introduced to the garden during their first year. The Prep to Year 2 students are introduced to the Kitchen during their first year.

In 2018, during Terms 1 and 2, the Grade 3 and Grade 4 students will alternate in weekly cooking lessons in the home-style kitchen with our Kitchen Specialist, Mrs Clare Kennedy. And during Terms 3 and 4, the Grade 5 and Grade 6 students will alternate in weekly cooking lessons. There they learn skills that will last them a lifetime, and discover just how much fun it is to grow and cook their own seasonal vegetables and fruits. Students have a shared meal at the end of their kitchen lesson and contribute each week to help cover the cost of ingredients.

Please visit the Stephanie Alexander Kitchen Garden Foundation website for further information about the SAKG program: [www.kitchengardenfoundation.org.au/](http://www.kitchengardenfoundation.org.au/)



*Growing, Harvesting, Preparing, Sharing*